



# 2022 PLAN



# Be Ready!

## BECOMING A PERSONAL TRAINER

### Things to consider

In light of the recent introduction of different restrictions across different states regarding vaccination rules, FIT College is committed to adhere and abide by all law, mandates and instruction to delivery venues and delivery protocols deemed by Local, State and Federal Law and Mandates. FIT College also prides itself on creating a safe and inclusive learning spaces for all whilst abiding by all Health and Education instruction and Law.

Presently there is an evolving dynamic in nearly all states and when some States hit vaccination markers the need to disclose or adhere to a vaccinated unvaccinated compliance will no longer exist. In the meantime in preparation for a new year, FIT College is committed in advising potential students of the requirements to enroll for face-to-face classes in their State.

#### SCOPE OF SUPPORT

FIT College has 7am-7pm phone support, with additional communication channels via the Cloud Campus direct to your tutor. Combine this with the strength of 21 fully staffed and resourced campuses Australia wide, you are guaranteed a service second to none.

Make sure your education is delivered by a company that can prove its support and has stood the test of time. "Online only" education institutions can often have limited staff support and resources, only offering remote or satellite support. FIT College are with you every step of the way, from enrollment, through graduation and into the career you want.

#### SCOPE OF QUALITY

Education providers vary in quality, you can easily end up with a vastly inferior course if you are not careful. Consider what matters to you most and query the company's experience in the industry to validate their claims. Make sure you are receiving a complete course and don't get ripped off in the details you didn't ask. FIT College has a course with over 100 years of industry experience poured into it. Our prodigious resource database and course material is constantly updated and developed with new material being created daily. This is a big reason why we have not only the highest standard in graduation but also in employment.

#### SCOPE OF PRACTICE

"Fast" or "accelerated" usually means you don't receive a full qualification. This means less scope of practice and ability to provide services when you graduate. Don't be fooled. To be a fully qualified Gym Instructor and Personal Trainer you need a Certificate III (SIS30321) & Certificate IV (SIS40221) in Fitness. Every unit in your course gives you your professional scope and ability. If your school is cutting content in the interest of speed, then the focus isn't quality education or skills. FIT College delivers full courses, additional content and will never cut corners on your scope of practice. Chat to our Career's Advisors today for more information.

### Vaccination Restrictions

# FAQ'S ?

#### Q. How are Vaccination rules effecting FIT College Campus delivery?

A. Different states have adopted different restrictions. Our campuses are located inside mainstream fitness centers and restrictions are in place for unvaccinated, mainly in NSW and VIC where only vaccinated individuals are able to have access.

#### Q. Does FIT College cater for Vaccinated and Unvaccinated?

A. Yes. Vaccinated status requirements apply based on restrictions being applied at that particular State at the time of: Application and Course start dates. FIT College is committed in providing a safe and inclusive environment to all our students.

#### Q. What is my option to enroll if unvaccinated?

A. Depending of the applicant's State restriction may apply. An option to attend our Hybrid model may be a possibility, however due to the course requirements in accessing fitness facilities, course progress may be affected.

#### Q. Do I need access to a gym/fitness facility to complete my course?

A. Yes. The course requires the student to have access to a gym and the appropriate setup to meet the expectations of the assessment criteria. This applies for face-to-face and on-line students. For NSW and VIC students must be fully vaccinated to access a gym/fitness facility. For SA social distancing and mask rules may apply.

#### Q. How can I keep myself informed of the current restrictions taking place in my State?

- A. On the following Government domains, in the search area type key words such as 'Covid-19', 'restrictions' or 'vaccination rules'.
- Queensland - [qld.gov.au](http://qld.gov.au)
  - New South Wales - [nsw.gov.au](http://nsw.gov.au)
  - Victoria - [vic.gov.au](http://vic.gov.au)
  - South Australia - [sa.gov.au](http://sa.gov.au)
  - Western Australia - [wa.gov.au](http://wa.gov.au)
  - Australia Capital Territory - [act.gov.au](http://act.gov.au)

For more info click this icon ➡ 

# Our Courses



## 01 COMPLETE PERSONAL TRAINER PACKAGE

**Certificate III + IV in Fitness SIS30321 / SIS40221**

Start by discovering the basics of exercise, nutrition and physiology, before further deepening the understanding of fat loss, muscle gain and strength & conditioning, so you can become a successful Personal Trainer.

## 02 GYM INSTRUCTOR COURSE

**Certificate III in Fitness SIS30321**

Discover the basics of exercise, nutrition and physiology to work as a Group Exercise Instructor.

## 03 PERSONAL TRAINER COURSE

**Certificate IV in Fitness SIS40221**

Deepen your understanding of fat loss, muscle gain and strength and conditioning, so you can become a successful Personal Trainer.

# Study Modes

## NEXT FACE TO FACE INTAKE

ON CAMPUS STUDY



**GYM INSTRUCTOR (SIS30321) PART TIME**  
FEB 7, 2022 - MAY 11, 2022

**GYM INSTRUCTOR (SIS30321) FULL TIME**  
FEB 7, 2022 - MAR 24, 2022

**PERSONAL TRAINER (SIS40221) PART TIME**  
MAY 23, 2022 - AUG 24, 2022




**PERSONAL TRAINER (SIS40221) FULL TIME**  
MAR 28, 2022 - MAY 11, 2022

## ONLINE STUDY



STARTING ANYWHERE, ANYTIME  
SELF-PACED FLEXIBLE STUDY



## CONTACT US

 1 300 887 017 *free info pack!*  
 [fitcollege.edu.au](http://fitcollege.edu.au)  
 [info@fitcollege.edu.au](mailto:info@fitcollege.edu.au)

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## CAMPUSES AUSTRALIA WIDE

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locally & globally*